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9<sup>th</sup> May 2025

Dear Parent/Carer,

#### Parental Update 27

Another busy, though slightly shorter, week of activity in school. Our Year 7s have been very engaged with What Is My Job? (careers-based workshops), we have had football and rugby fixtures, confirmation classes, completed the Spanish speaking exams, our Year 10 students have started their mock exams, the Year 9s finished their assessments and we are ending the week with the Year 11 Mass.

Next week, we see the main block of GCSE exams begin, Year 10 Mocks continue, our Year 7s begin their assessments, we have the governors' Catholic Life and Culture Committee, we celebrate Founders Day and more confirmation classes.

Also with today's update:

- Careers Newsletter
- Last week's and this week's Chaplaincy Newsletter
- Young Carers Newsletter

#### Whole School Focus - Running GCSE Exams

In the whole school focus I try to cover a wide range of topics about school life to help parents get a deeper understanding of what goes on in school, and with the main block of GCSE exams about to start, this week I wanted to lift the curtain on what goes in to managing GCSEs for 240 students. As I have mentioned at the start, Year 11 are about to begin their full GCSEs and our primary focus has been on preparing our Year 11 students for these final few weeks before the GCSEs start. As in previous years, every department has had detailed plans in place for what will be taught, to whom, by whom and when since before Christmas. As I say, however, I wanted to give you a bit of an insight into the actual process of running these important exams.

The main GCSE exam window opens on Monday 12<sup>th</sup> May. Running these exams is a mammoth task, led by our exams officer, Mrs Roughley and her team of invigilators. As well as the main large venue in the Sports Hall, we also need to operate a range of smaller venues for students with a range of additional needs including those who need extra time, require readers, require scribes or any other adaptations.

The level of planning and organisation required to not only make this happen, but for it to happen with the level of security and adherence to the very strict guidelines, is incredible. With every venue needing to be secure, have all the appropriate signage, seating arrangements and distances etc. It is also very demanding on staff time, requiring large numbers of exam invigilators. We are always on the lookout for new invigilators.

The exams will run most days from 12<sup>th</sup> May through to the end of June, with every day's completed exam papers needing to be sorted, bundled and dispatched to the appropriate marker or exam board. JCQ, who oversee the national GCSE exams, also build in addition contingency days to be used if there are any local or national emergencies that prevent any exams taking place.

Then when we get to June, we say goodbye to our Year 11 students and look ahead to the summer results and keep our fingers crossed!

You can perform miracles by touching the hearts of those entrusted to your care.



#### What's My Job?

This is a question I often ask myself! And this week our Year 7 students have been taking part in a series of careers-based workshops. These workshops have seen a range of visitors from a very varied range of professions and employments sectors, coming in to school. Students then get to ask questions about them and their roles in order to try and work out what jobs each of them do. Throughout the sessions, our students have been very positive and engaged, eager to work out who was who, whilst also looking to learn more about each profession and the realities of everyday life within those jobs.

#### Year 10 Mocks - A Great Start

I wanted to say a word of praise for our Year 10 students who started their mock exams this week. This is their first proper experience of the full exam venue and, usually, it takes a year group 2 or 3 exams before we have behaviour to the standard we expect. The Year 10s, however, have been excellent from the very start – so a big thank you to them, the Year team and you for ensuring they were ready and focused for these exams.

#### **Sporting Updates:**

Commiserations to our Year 11 Rugby Team. A phenomenal chapter draws to a close as Year 11 played their final game together at the TW Stadium. Losing in the Town Cup to a very strong Cowley side. We are proud of the boys' efforts this year and wish them the very best for their sporting futures. Tries from Rice and Allen and Player of the match was Kelsall.

Congratulations go to our U13 girls who beat Alder Grange to progress into the quarter finals of the National Cup. Another show of challenge and resilience saw the girls win 3-0 in the National Competition, A screamer from Sienna opened the scoring before Phoebe an Eden secured the victory.

#### **Individual Student Success**

We have had further success for our students outside of school:

- Holly Morris (Year 9): After a successful trial period at Everton, Holly has been offered a twoyear contract with Everton U16s.
- Laila Turner's (Year 11) was asked to draw bespoke anatomical illustrations to show the
  complexity of congenital heart defects in a recent scientific paper. Her work was accepted and
  included in the paper and she is now a published artist! Her work can be viewed here:
  https://academic.oup.com/ehjcr/article/9/4/ytaf146/8098562?searchresult=1
- 5 of our Year 9 boys (Declan Houghton, James Hanson, Luca Quaranta, Mason Mullen and Ben Westhead) are members of West Park U14s Rigby Union team won the Lancashire Trophies Vase last weekend.

Well done to all of you!

#### Staffing

As many parents will know, schools are experiencing considerable issues in recruiting staff, especially from subjects such as maths, science and DT. We have been very fortunate in having almost a full complement of staff all year. We have also been successful in our most recent appointments of science and cover supervisor staffing.

Alongside this, our staff absence levels are quite low compared to most schools. Nevertheless, we have had some staff absent for extended periods, most recently Mr Fletcher (PE), Mr Miller (DT) and Mrs Henshaw (English) – all for unavoidable and genuine reasons. We try hard to mitigate any impact of these absences on the students through re-allocation of existing staffing, changes to group sizes and structures and, where possible, getting suitable supply staff in. All 3 of our colleagues have either begun their return to school, or are about to, and we look forward to welcoming them back.

#### **Young Carers Newsletter**

We have been asked to share the latest Young Carers Newsletter with all of our families. This should be attached to this update.

#### Invitation

The next event we have planned is:

Founder's Day Afternoon Tea on Thu 15<sup>th</sup> May 2pm start

If you, or anyone you know, would like to attend, then booking can be made by the following link: Founder's Day – https://forms.office.com/e/bCKHdnuYvj

#### **Upcoming Events**

Mon 12th: Main GCSE Exams start / Year 10 Mock Exam window opens

Mon 12<sup>th</sup> – Fri 23<sup>rd</sup>: Year 7 Assessment Window

Wed 14th: Catholic Life and Culture Governing Board Meeting 5.00pm

Thu 15<sup>th</sup>: Founder's Day

Thu 15<sup>th</sup>: Founder's Day Afternoon Tea Mon 19<sup>th</sup> – Fri 23<sup>rd</sup>: Formation Week

Wed 21<sup>st</sup>: Creative Careers Visit (Year 9 and 10) Thu 22<sup>nd</sup>: Geography Trip Parental Meeting (evening)

Fri 23<sup>rd</sup>: School finishes for half term (3.00pm)

#### And Finally...

As many of the students know, I am a Tottenham Hotspur fan. I am born and bred in Liverpool, and in my early years was a Liverpool fan but around the age of 10, I remember seeing Glen Hoddle play football for Spurs. With his mullet, the white kit and the graceful way he glided around the football pitch – I was mesmerised (and yes, I did buy Diamond Lights by Hoddle and Waddle).

This love of him as a player then gradually extended to the Spurs team and what then became a lifetime of sporting pain and misery – I am sure those Everton fans among you will understand.

In contrast, the sporting success of our students this year has been a very new experience for me (compared to life supporting Spurs). Following Team PE's transformation with PE 2.0 we have had successful result after successful result across all sports leading to a wealth of finals.

Sadly, I had been unable to attend many of the finals owing to various meetings and events that I have had to attend – all of which we were successful with. So, on Tuesday, I was determined to experience what, to me, was an alien concept – sporting success – and go along and support our students. Our Year 11 boys were playing their final game in the Town final at the TW Stadium so I cancelled the SLT meeting we had planned to allow me and the SLT to attend.

The game was a tough first half against a strong Cowley side but our lads were equal to them every step of the way. Sadly, the second half, they gradually gained the better of us – resulting in our team losing.

I know the lads were bitterly disappointed, but I can't help but feel that I am somewhat to blame. I fear I had brought my 'Spursiness' and bad luck with me. I wonder if Mr Metcalf feels the same, as he won't let me know where our next set of cup finals are taking place!

Have a good weekend,

#### **Andrew Rannard**

Headteacher



This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are <u>underlined</u>.

# **OPPORTUNITIES**



<u>Youth Voice Census</u> is a space for young people, aged 11 to 30, across the UK to share their experiences. It is an annual temperature check on how young people in the UK feel about life, study, work and general prospects. The deadline for completion is 6<sup>th</sup> June.



Creative Mentor Network is a charity designed to break the class ceiling in the creative industries, making the creative world of work more accessible and inclusive for creatives from lower socioeconomic backgrounds. We help you fulfil your potential in the creative industries through mentoring programmes, our Jobs board, events and resources. You can read more and apply to become a mentee here.



Do you enjoy science, maths or IT? Maybe you prefer working in teams with your classmates on different creative projects? Whatever your interests are, this <u>Career Shapers event</u> will help you to learn how you could use your unique skills to build an exciting career. You'll also learn more about the kind of work that Deloitte does, attend skills workshops, meet volunteers and immerse yourself in their friendly, diverse community. This event takes place 27th May – 28th May 2025 (during May break). Registration will close when applications are full, so apply ASAP!



Scott Brownrigg is a collaborative international design practice specialising in architecture, masterplanning, urbanism and interior design. During May break, they are running a four day virtual work experience. You can read more and apply here. The deadline is 9<sup>th</sup> May.



To find other online work experiences taking place during the May break, you can use <u>Springpod</u> or <u>SpeakersForSchools</u>. They can help you work out if you enjoy industries that interest you AND look great on future applications.

If you have any questions or need support, please contact moranh@delasalleschool.org.uk

### **JOB OF THE WEEK**



<u>Anthropologist</u>

An Anthropologist is a scientist who studies humans and their cultures, past and present. They explore the origins, development, and behaviour of humans.

Watch the video to learn more about how much you could earn, working hours and pathways into the industry.

# LABOUR MARKET INFORMATION FACT

According to the 2024 Gen Z and Millennial Survey, 86% of respondents say having a sense of purpose is very or somewhat important to their overall job satisfaction and well-being.

Source



# **OPPORTUNITIES**



Have you ever wondered how technology is transforming how we manage money? Or why cybersecurity is so important in protecting our finances? Check out this <u>40 minute video from</u> Tech She Can in collaboration with Deutsche Bank.



Lots of universities run Year 12 summer schools. Many also offer Year 10 versions too! They provide you with the opportunity to learn more about the benefits of higher education, see what university facilities are like (including student halls - where you could live!) and take part in taster lectures. Here is a list of different options currently available to apply to. If there is a particular university you're interested in, you could also search the name of the university followed by "summer school" to find their opportunities.



On the <u>UCAS hub</u>, you'll find lots of live sessions with employers, careers advisors and university staff. They cover topics such as "Should I use AI to write my personal statement?", "Weighing up your options: Uni? Apprenticeship? Gap Year?" and "How to find the perfect course for you".



Mental Health Awareness Week takes place from 12 - 18 May 2025. The theme this year is 'community'. To learn more, you can read this blog 'How community benefits your mental health'.



If you wondering what job roles you could do that work in, and benefit, the local community, you can see a list of potential job roles here. If you're considering a role working within mental health, here a list of roles within the NHS that you may be interested in.



If you are completely unsure what you want to do in the future, don't worry! The opportunities we share in this newsletter are there to help you consider options for your future. There is no pressure to have everything figured out. <u>Here is a guide</u> on how to choose a career which may have some useful suggestions.

If you have any questions or need support, please contact moranh@delasalleschool.org.uk

# **EMPLOYER SPOTLIGHT**

Deloitte is a multinational professional services network and one of the "Big Four" accounting firms. "Ready to kickstart your future? Each of our programmes has been designed to help you build your career your way, as you develop the skills you'll need to make an impact that matters to you. Find out more about the path that could be right for you." Read more about

Deliotte Careers here.

### **UNI SPOTLIGHT**

"We believe your university subject shouldn't confine you. Whatever level of study you choose, you'll have the opportunity to collaborate across disciplines in industrylevel projects and productions. All our courses are designed to equip you with the skills and knowledge to succeed in today's changing economy." Read more about Arts **University Bournemouth** Courses here.

# Catholic Life at De La Salle

2<sup>nd</sup> Week of Easter





THE WINNING TEAM AT DLS QUIZ NIGHT!

It's been a full and exciting week for Catholic Life! We've been building up to our DLS Quiz Night — which was a brilliant evening of fun and friendly competition, all while raising money for our Hope Fund. A huge thank you to everyone who came along or supported us! We've also been busy behind the scenes, getting ready for Mission Week and we had the pleasure of meeting with the amazing One Hope Project, who will be helping us lead worship through music — we can't wait to welcome them properly next month.

Lots happening, lots to look forward to — thank you for being part of it all!

#### DLS Quiz Night

We'll be honest — we were a little nervous in the run-up to our DLS Quiz Night. It's been quite some time since we've hosted a school quiz, and we weren't sure what to expect. But as soon as the doors opened, we realised we had nothing to worry about. The room had plenty of friendly faces, fantastic energy, and people ready to have a great time — all in support of our Hope Fund. Our very own Mr McCormick stepped up as Quiz Master for the evening (after Johnny Vegas politely ghosted us!). And honestly? We were super proud! Mr McCormick guided us through rounds that ranged from genuinely challenging to hilariously simple including a set of real SATs questions that had everyone wondering how they ever made it through primary school. The English Department — under the brilliant alias Agatha Quiz Team — took home the win and bragging rights for the year! We were also thrilled to welcome Lee Owens, a talented music student from LMA, who treated us to a brilliant live set. His performance was full of songs we all know and love, and he brought a real sense of atmosphere to the night. If you'd like to hear more from Lee, you can find his socials on linktr.ee using the link below!

https://linktr.ee/leeowensmusic96? utm\_source=linktree\_profile\_share<sid=2d9e e570-5826-40ec-8411-f326a542ef64

Thank you to everyone who came, played, laughed, donated, and cheered us on. It was a joyful reminder of the strength and spirit of our community — and we're already looking forward to the next one!

#### The Hope Fund

We are excited to share the launch of a brand new initiative at our school – the Hope Fund, inspired by the Year of Jubilee and our call to be "Pilgrims of Hope."

The Hope Fund is rooted in our Lasallian values and our mission to form young people of faith, service, and community. Every day, we are inspired by the students in our care – young leaders who are passionate about making a difference in the world around them. Many have brilliant ideas and a heart for service, justice, and spiritual growth. The Hope Fund exists to help turn those ideas into action.

Whether it's a student-led fundraiser for a local charity, a peer-organised retreat, a social justice campaign, or a gathering that celebrates faith and inclusivity – we want to invest in the dreams, aspirations and hopes of our students. Every pound raised through the Hope Fund will go directly back into student-led projects and events, supporting initiatives that promote:

- Inclusivity and compassion
- Spiritual development
- Concern for the poor and vulnerable
- A commitment to quality education and leadership

#### New Ideas

We were so thankful to have "Team Mum" at the quiz, consisting of some wonderful parents from our school community! They shared so many fundraising ideas from shopping events to a Ladies Night - ideas that are now making their way into our action plans! If anybody has any suggestions of events we can run, please reach out, we'd love you input and involvement!

Catholic Life team

#### Afternoon Tea

On Thursday 15<sup>th</sup> May from 2-4pm we have our Afternoon Tea here in school!

If you, or somebody you know, likes our annual Christmas party, then you'll love this!!

To celebrate our Founder's feast day, we want to welcome members of our local community into school for Afternoon Tea and some light

Reach out for more information!

#### Spotlight

We're still blown away by the quality of the 1719 interviews that took place last week and we must put Josh W back in the spotlight with his tagline of

"I want to encourage all students to chase greatness, no matter their field".

This statement is great enough on it's own, but we can also view this with a real spiritual lens. It is incredibly close to the heart of our faith to consider the "field of our work" - the "field" that we're called to, that we were so carefully crafted for!

Maybe this could be the mission statement for the next 1719 cohort?!...

#### Pray for us...

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven.
Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us;

and lead us not into temptation, but deliver us from evil. Amen.

# Catholic Life at De La Salle

3rd Week of Eastertide





SVP YOUTH LEADING AT CONFIRMATION PREPARATION

#### WE HAVE A POPE!

What an incredible week for the Catholic Church! We've had a fruitful week here in school too. This week we've continued our work for Mission Week, had our wonderful link Governor into school for a review and hosted the first of the St Helens Deanery Confirmation classes.

# We Have a Pope! Please see below a letter from Archbishop Malcolm McMahon

Dear brothers and sisters,

It is with a profound sense of joy and thanksgiving to God that we welcome the news of the election of Cardinal Robert Prevost as the Holy Father Pope Leo XIV, the 267th successor of St Peter.

The Cardinal Electors, inspired by the Holy Spirit, have chosen a gifted and prayerful pastor to walk in the shoes of the fisherman to be a focus of unity for the Church today. After the call and legacy of the late Pope Francis calling the Church to be missionary disciples and proclaim the joy of the Gospel, we as the Catholic community of the Archdiocese of Liverpool pledge our closeness in prayer and our support to Our Holy Father the Pope.

I invite all the faithful of the archdiocese, and men and women of good will to pray with me at this time.

O God pastor and ruler of all the faithful, look with mercy upon Pope Leo XIV who you have appointed to shepherd the Universal Church. Renew deep within him the spirit of Holiness to be the shepherd, the guide of the Church for the needs of the world today in 2025.

Through Christ our Lord Amen.

Holy Mary, mother of the Church, pray for

Saints Peter and Paul, apostles of Rome. Pray for us!

# **Archbishop- elect John Sherrington added:** I unite my prayer with Archbishop Malcolm

and the people and clergy of the Archdiocese of Liverpool for Pope Leo XIV as the successor of St Peter and the shepherd of the Universal Church.

We rejoice in his election!

Mass will be celebrated at the Metropolitan Cathedral of Christ the King on Friday 9 May at 7pm.

#### St Helens Confirmation Classes

It's a real privilege for De La Salle to be hosting this year's Confirmation preparation classes for candidates across the St Helens Deanery. Our school has became a hub of faith, reflection, and joyful community as young people met to prepare to receive the Sacrament of Confirmation.

Among them are around 25 of our own Year 8 students who will be confirmed this year. As a school, our role is to walk with them — to prepare, to pray, and to accompany them as they take this significant step on their faith journey.

The sessions are led by a team of Chaplains and volunteers from across the local Catholic

volunteers from across the local Catholic community, and each week we're joined by special guests who bring their stories and experiences to enrich the preparation.

This week, we were especially proud to welcome three of our very own students — Molly, Liv and Nicole — who are part of SVP Youth and took time to speak to the group about their work in serving others through faith.

In a world that too often overlooks the voice of the young, their example spoke volumes about leadership, service, and faith in action.

Eleanor Lalley, Chaplain at St Augustine's, was so impressed by our students that plans are now in motion to bring together SVP Youth groups from both schools — a beautiful opportunity to grow in fellowship and mission.

Please continue to keep all our candidates in your prayers as they journey toward Confirmation. And please also pray for Molly, Liv and Nicole — faithful witnesses, compassionate leaders, and shining examples of the values we hold dear

Catholic Life team

#### Afternoon Tea

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If you, or somebody you know, likes our annual Christmas party, then you'll love this!!

To celebrate our Founder's feast day, we want to welcome members of our local community into school for Afternoon Tea and some light

Reach out for more information!

### Spotlight

At the preparation class on Thursday, we were blessed to see some of our own SVP Youth members starting their journey towards the Sacrament of Confirmation.

We often see our students right in at the deep end and that was no different for Charlotte, who after taking part in her class, helped us to pray so beautifully! Thank you for your help!

#### Pray for us...

Faithful God.

You guide us on the path of life and your goodness is our constant companion.

Be with our new Shepherd, Pope Leo XIV.

in his service of the Church.
Fill him with the power of your Spirit,
the peace of your presence
and the compassion of Christ.
May he walk with you,
in wisdom and humility.

and lead us, together with all God's people.

to embody your love for the world. Amen.



# CARERS TRUST

St Helens Carers Centre

# **Young Carers Newsletter**

Spring - Summer Edition

The Young Carers Centre has been bustling with activity—take a look inside to see what we've been up to!

We also have plenty of fun and exciting events coming up for all age groups.

Check out what's on and make sure you're taking a well-deserved break from your caring role!

Young Carers Action
Day 2025!
See Page 4 to find out
more!

Footy is back! See page 11 for more details!



We are on TikTok! See the back page to follow us!



Charity of the Year See Page 3!



ACTIVITIES
TIMETABLE
to see what exciting
offer!



# News and Updates



### **Donations**

We're incredibly grateful for donations and contributions received to help us. The generosity offered is making a lasting impact, thank you for standing with us and supporting our











### Support over the summer

As we approach the exam season,
we would like to wish our Young Carers
all the best of luck!
Remember to take time for you as well as trying
your best.





We know summer holidays can be challenging for some Young Carers.

If you need any support through this please do speak to our team!

# News and Updates

# The Mayor of St Helens

Charity of the Year 2024 – 2025

Did you know that The Mayor of St Helens
Councillor Jeanette Banks
chose us as her Charity of the Year?
We would like to thank the Mayor for all of her
support and fundraising. We appreciate everything she
has done for our Young Carers and we have really
enjoyed working with you.



# News and Updates

# Young Carers Action Day 2025!









# Who Attended?

- The Mayor of St Helens Councillor Jeanette Banks
- Councillor Dave Banks
- Councillor Nova Charlton
- Councillor Liz Dodson
- Many other professionals from schools and agencies

This year for Young Carers Action
Day, we invited professionals to
come along to our toolkit launch.
This is a guide to recognising,
supporting and working with
Young Carers and families.

Young Carers from our
Chattin' 4 Action committee
spoke about their caring role
and how it impacts their
everyday life, as well as
important statistics.
Alan, Sophie, Hollie, Tanya
and Amy also spoke about
our service offer!

# Young Carer Wellbeing Support

# What do we do?

We're here for our Young Carers, providing assessments and reviews, one-to-one emotional support, referrals, advocacy in meetings, and collaboration with other professionals and schools.

If you need any support with your caring role, please reach out—we're always happy to help.

We love supporting our Young Carers and think you're all amazing!





### Wellbeing Tips!

Get outside and enjoy the sunshine!

Read for 15 minutes before bed

Talk to a friend or loved one

Practice breathing techniques



Get creative!





We have recently registered over 40

**New Young Carers** 

### Did you know?

- We have visited 29 schools between January and April to support our **Young Carers**
- We have completed over 70 assessments and reviews this quarter

## Outreach

#### Out and About

A huge thank you to all the schools and agencies that have worked with us to support Young Carers!

In the last 3 months, we have delivered 2 staff training sessions, 19 assemblies, 4 PSHE workshops,

3 YC Check Ins, 1 coffee morning, and a parents' evening.

This term we visited:

- St Mary's Catholic Academy
- Rainhill St Ann's
- St Mary's Blackbrook Eccleston Mere
- De La Salle
- Wargrave C of E
- · Legh Vale
- Queen's Park
- Haydock English **Martyrs**

- Billinge St Mary's
- Rainford Brook Lodge
- · St Mary's & St Thomas
- Bleak Hill
- Billinge St Aidan's
- St James C of E
- Newton-Le-Willows
- St Peter's C of E
- St Aidans
- St Helens College







Keep your eyes peeled... We have lots of visits booked in for the coming Ash Meadow School months:

- Garswood Primary Rainford CE Primary
- Oakdene Primary
  - Wargrave House

  - Corpus Christi Rainford C of E

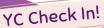
awareness about Young Carers in St Helens, including: • The Chrysalis Centre

the last few months to raise

We've visited more places over

- Early Help Conference
- Governors Forum
- St Helens Children's Social Services

CGL



We will be visiting some of your schools to check in and have a chat about how we can support you!

If you would like us to visit your school, please let your school champions know and Tanya will be happy to come in!

# Chattin' 4 Action

Our Chattin' 4 Action members have been busy this year! Not only have they had afternoon tea with the Mayor but they've also shared their own experiences with Councillors and other professionals on Young Carers Action Day!

They are also a part of Young Carers National Voice where they have been involved in writing a letter to Ofsted and some of them represented our Young Carers in Birmingham for the annual meet up.



We featured in our local newspaper St Helens Star!

Would you like to join the Young Carers Committee and help to make a difference?

Come in and speak to Tanya!

Young carers talk about role









# Photos

























# **Activities**

Take a look at some photos from our recent residential to Petty Pool!



### **Activities**









#### HAVE YOU SEEN OUR CENTRE'S **NEW LOOK?**

Not only have we changed things in the centre, but we have also added some amazing new games. Next time you're in a session, why not see if you can beat Alan's high score on the new Pac Man machine!!



# Football is back!



Group C & D football at Sutton Leisure Centre on:



- Wednesday 18<sup>th</sup> June
- Wednesday 16<sup>th</sup> July
- Wednesday 13<sup>th</sup> August

Meet outside the leisure centre for 4:45pm.

Football to start from 5pm-6pm. Spaces are limited!

To book on to activities please go to our website: https://www.sthelensyoungcarers.org/ activities or scan the QR Code! Or call 01744 677279



# Group A (School Years 1-3)

Date	Time	Location	Activity	Details
Wednesday 7 <sup>th</sup> May	5рт-7рт	Young Carers Centre	Lego Building & Cake Decorating	Have a go at different Lego designs and design your own cupcake!
			uel Ip	
Monday 19 <sup>th</sup> May	5рм-7рм	Young Carers Centre	Arcade Night	A fun evening of arcade games – Who will collect the most tickets?
Monday 2 <sup>nd</sup> June	5pm-7pm	Young Carers Centre	Make your own slime & Messy Arts	Enjoy getting messy with slime making and messy arts!
Monday 16 <sup>th</sup> June	5pm-7pm	Young Carers Centre	All Around The World – Spain	Celebrate Spanish traditions!
Monday 30 <sup>th</sup> June	5pm-7pm	Young Carers Centre	Hill Vale Animals	A fun, interactive afternoon with a wide range of animals!
Monday 14 <sup>th</sup> July	5pm-7pm	Young Carers Centre	Den Building	Work together to build the biggest den!
Monday 28 <sup>th</sup> July	10am – 4pm	Farmer Teds	A Fun Day at Farmer Teds! LIMITED SPACES	Meeting at Young Carers Centre, Transport and lunch provided!
Monday 11th August	2рм–4рм	Victoria Park	Outdoor Games	Meet at the park! A fun afternoon playing outdoor games.
Thursday 28 <sup>th</sup> August	2pm-4pm	Young Carers Centre	Playdough Creations	Create your own playdough masterpiece!

# Group B (School Years 4-6)

Date	Time	Location	Activity	Details
Monday 12 <sup>th</sup> May	5pm-7pm	Young Carers Centre	Pizza, Paint & Popcorn	Enjoy a pizza whilst getting creative!
Tuesday 27 <sup>th</sup> May	2pm-4pm	Young Carers Centre	Sand Art Creations	Get creative using sand!
Monday 9 <sup>th</sup> June	5рт-7рт	Victoria Park	Outdoor Activities	Meet at the park! A fun evening playing outdoor activities!
Monday 23rd June	5рт-7рт	Young Carers Centre	All Around The World – Spain	Celebrate Spanish traditions!
Monday 7th July	5рм-7рм	Young Carers Centre	Dylan's Reptiles	Would you like to meet some reptiles? If so, book on!
Monday 21 <sup>st</sup> July	5рм-7рм	Young Carers Centre	Tie-Dye Tshirt Making	Design your own tshirt!
Monday 4 <sup>th</sup> August	10am- 4рт	Blue Planet Aquarium	A Fun day at the Aquarium!	Meeting at St Helens Young Carers, Transport & Lunch provided!
Thursday 14 <sup>th</sup> August	2рm – 4рm	Young Carers Centre	Character Creations!	Bring your favourite characters to life!
Monday 18th August	1:30pm- 4pm	Roll Model Arcade & Games Pao	A Fun Afternoon at the arcade!	Meeting at Arcade Unit 41, Gerards Park, WA10 1FZ Transport not provided!

Group C (School Years 7-9)

Date	Time	Location	Activity	Details
Tuesday 6th May	5рм-7рм	Young Carers Centre	Jewellery Making	Make your own jewellery and enjoy delicious pizza!
Tuesday 20th May	5рт-7рт	Young Carers Centre	The Weakest Link – Young Carers Edition	Will you be the weakest link?
Tuesday 3 <sup>rd</sup> June	5pm-7pm	Young Carers Centre	Tie-Dye Tshirt Making	Design your own T-Shirt!
Tuesday 17 <sup>th</sup> June	5рт-7рт	Young Carers Centre	All Around The World- Spain	Celebrate Spanish traditions!
Tuesday 1st July	5рт-7рт	Young Carers Centre	Paint & Pop!	Create your own canvas design and enjoy some fizzy pop!
Tuesday 15th July	5рт-7рт	Young Carers Centre	Dylan's Reptiles	Would you like to meet some reptiles? If so, book on!
Tuesday 29th July	2pm-4pm	Victoria Park	Outdoor Games	Meet at the park! A fun afternoon playing outdoor games!
Wednesday 6 <sup>th</sup> August	8am - 6pm	Alton Towers	A fun day at the Theme Park! LIMITED SPACES!	Meeting at St Helens Young Carers, transport & lunch provided!
Tuesday 12th August	1:30pm- 4pm	Roll Model Arcade & Games	A fun afternoon at the arcade!	Meeting at Arcade Unit 41, Gerards Park, WA10 1FZ Transport not provided!
Tuesday 26 <sup>th</sup> August	2рм-4рм	Young Carers Centre	Clay Modelling	Design your own sculpture using clay!
Wednesday 27 <sup>th</sup> August	6рм – 10рм	St Edmund Arrowsmith Catholic High School Pag	Shrek The Musical LIMITED SPACES	Meeting at St Helens Young Carers, transport & snack provided!

Group D (School Years 10–13) up until the age of 18 years old

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Date	Time	Location	Activity	Details
Wednesday 14 <sup>th</sup> May	5рм-7рм	Young Carers Centre	Darts & Doughnuts	Channel your own Luke Littler with a game of a darts!
Wednesday 28 <sup>th</sup> May	2рт-4рт	Young Carers Centre	The Weakest Link – Young Carers Edition	Will you be the weakest link?
Wednesday 11 <sup>th</sup> June	5рм-7рм	Young Carers Centre	Game Console Night	Enjoy a game on the Switch with sweet treats!
Wednesday 25 <sup>th</sup> June	5pm-7pm	Young Carers Centre	All Around The World – Spain	Celebrate Spanish traditions!
Wednesday 9 <sup>th</sup> July	5рм-7рм	Young Carers Centre	Barclays Life Skills	Gain life skills through a workshop led by Barclays!
Wednesday 23 <sup>rd</sup> July	5рм-7рм	Young Carers Centre	Quiz Night	Are you a quiz whizz? Come and enjoy a quiz with pizza!
Wednesday 6 <sup>th</sup> August	8am - 6pm	Alton Towers	A Fun Day at the Theme Park! LIMITED SPACES	Meeting at St Helens Young Carers, transport & lunch provided!
Tuesday 12 <sup>th</sup> August	1:30pm – 4pm	Roll Model Arcade & Games	A Fun Afternoon at the arcade!	Meeting at Arcade Unit 41, Gerards Park, WA10 1FZ Transport not provided!
Tuesday 19 <sup>th</sup> August	2pm-4pm	Young Carers Centre	First Aid Workshop	Gain first aid skills through a workshop led by British Red Cross!
Wednesday 27 <sup>th</sup> August	6рт – 10рт	St Edmund Arrowsmith Catholic High School Pag	Shrek The Musical LIMITED SPACES ge 15	Meeting at St Helens Young Carers, transport & snack provided!

### Contact Us

If you would like to speak to a member of our team, please don't hesitate to get in touch!
Our team is dedicated to providing support to all of our Young Carers and their families.

Opening Times: Monday - Thursday 9:30am - 4:30pm Friday 9:30am - 4:00pm



To find out more visit our website!



www.sthelensyoungcarers.org

Contact Details

### How to find us:

St Helens Young Carers Centre
18 Cotham Street
St Helens
WA10 1SJ
(Just opposite the
St Helens Town Hall)







St Helens Young Carers is part of St Helens Carers Centre which is a registered charity in England and Wales (No. 1089663) registered as a company limited by guarantee in England & Wales (4203210)