

# Welcome.

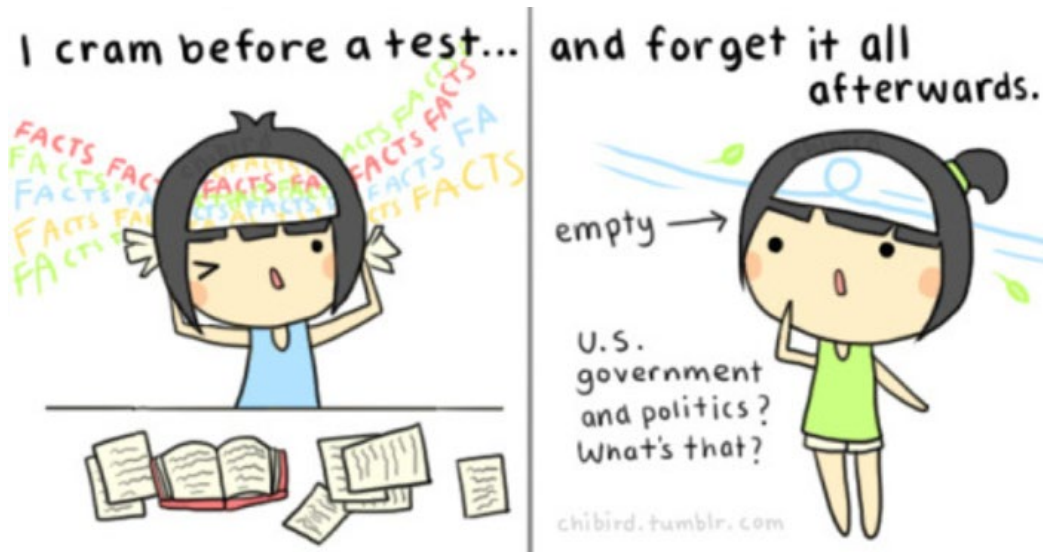
KS3 Parental Support Evening

Supporting your child with revision and independent study.



How many of us have felt like this?

# Crammed VS Spaced



We all will know that repetition of ideas is important to make it stick but repetition is most effective when the presentation of information is spaced out over time. This is known as **Spaced Repetition**.

We tend to forget almost 50-80% of all new information we have learned within a few days after the learning event has occurred.

# Why use spaced repetition?

- Improve retention and recall of “sticky” knowledge.
- To embed this knowledge deeper and more fully in the permanent memory.
- To develop independence in learners.
- To develop revision skills for the future.
- To ease exam stress and anxiety.

# Forgetting.....

The theory of disuse states that we forget because we simply do not review material after the learning event.

The knowledge is temporary and not permanent.

But by revisiting learning multiple times eventually pupils experience that lightbulb moment.

They then only need to **revise** rather than **relearn**. Which is much less stressful.

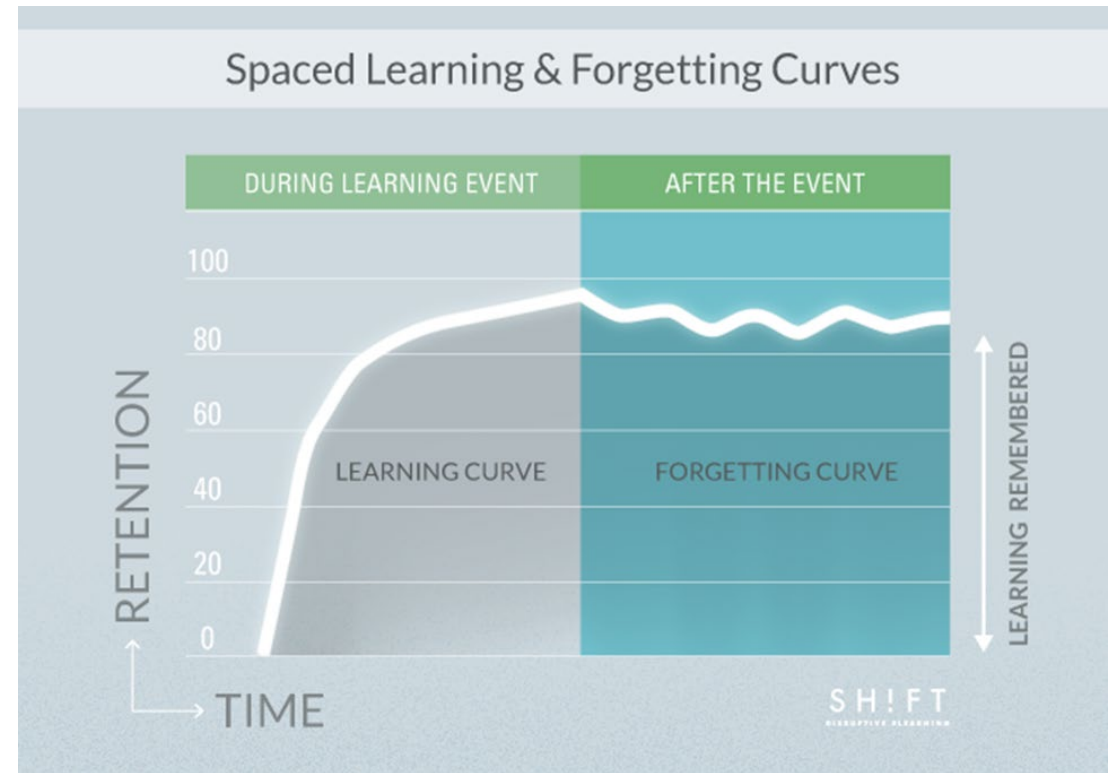
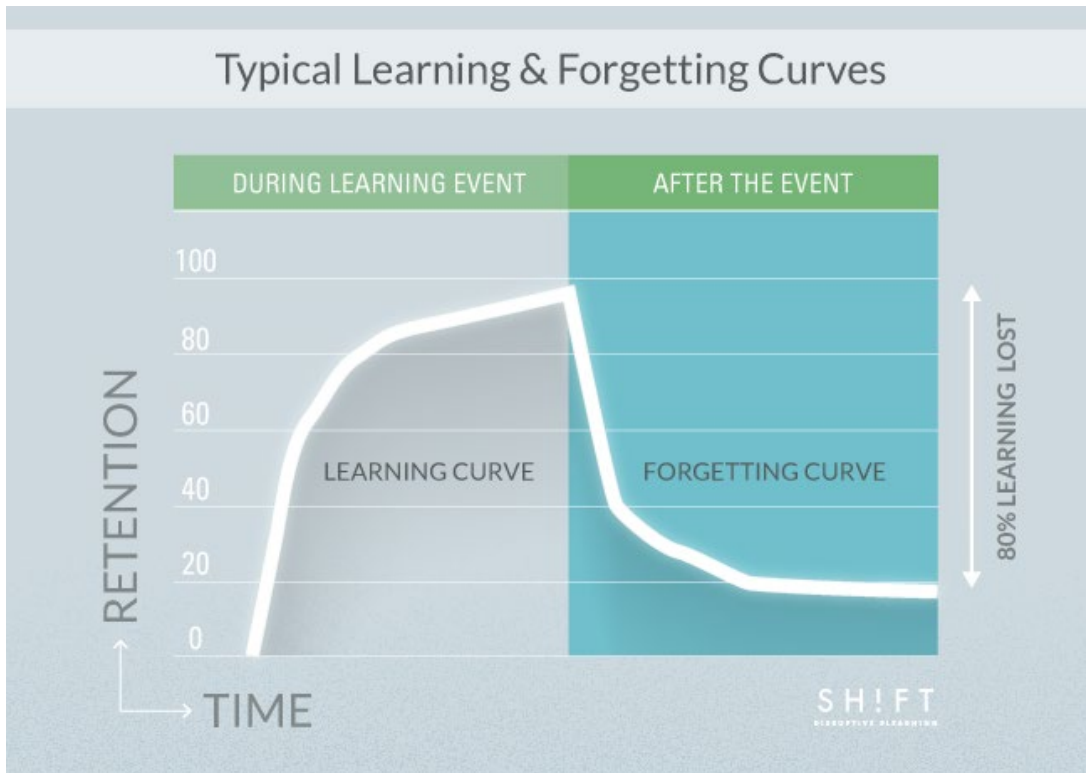
# Forgetting is good??

“Forgetting is a key element of the learning process because it helps the brain sort important from trivial information; in this age of information overload, a filtering process is essential. “

**Benjamin C. Storm**

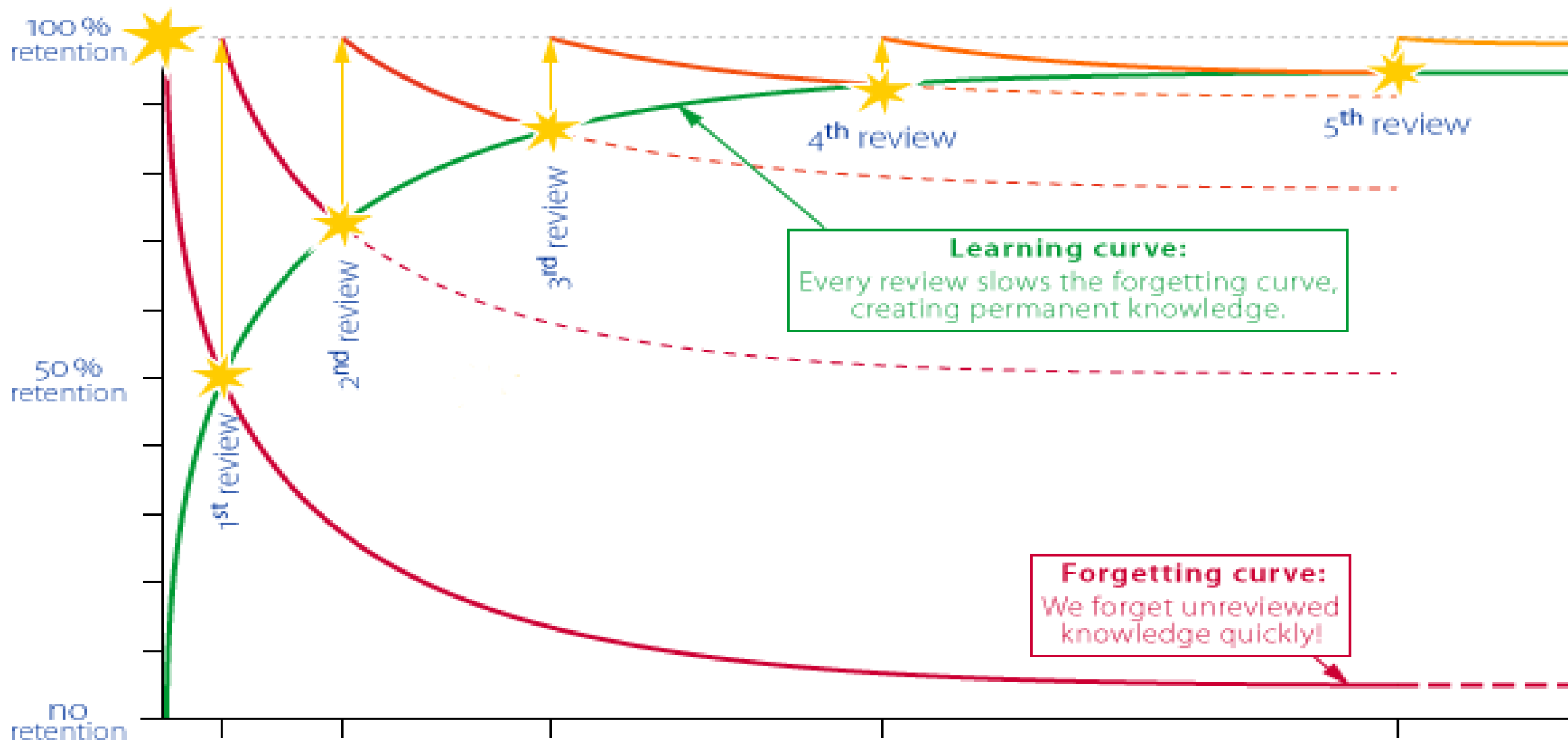
Department of Psychology, University of Illinois at Chicago

# Typical learning V spaced repetition



# Why spaced review works

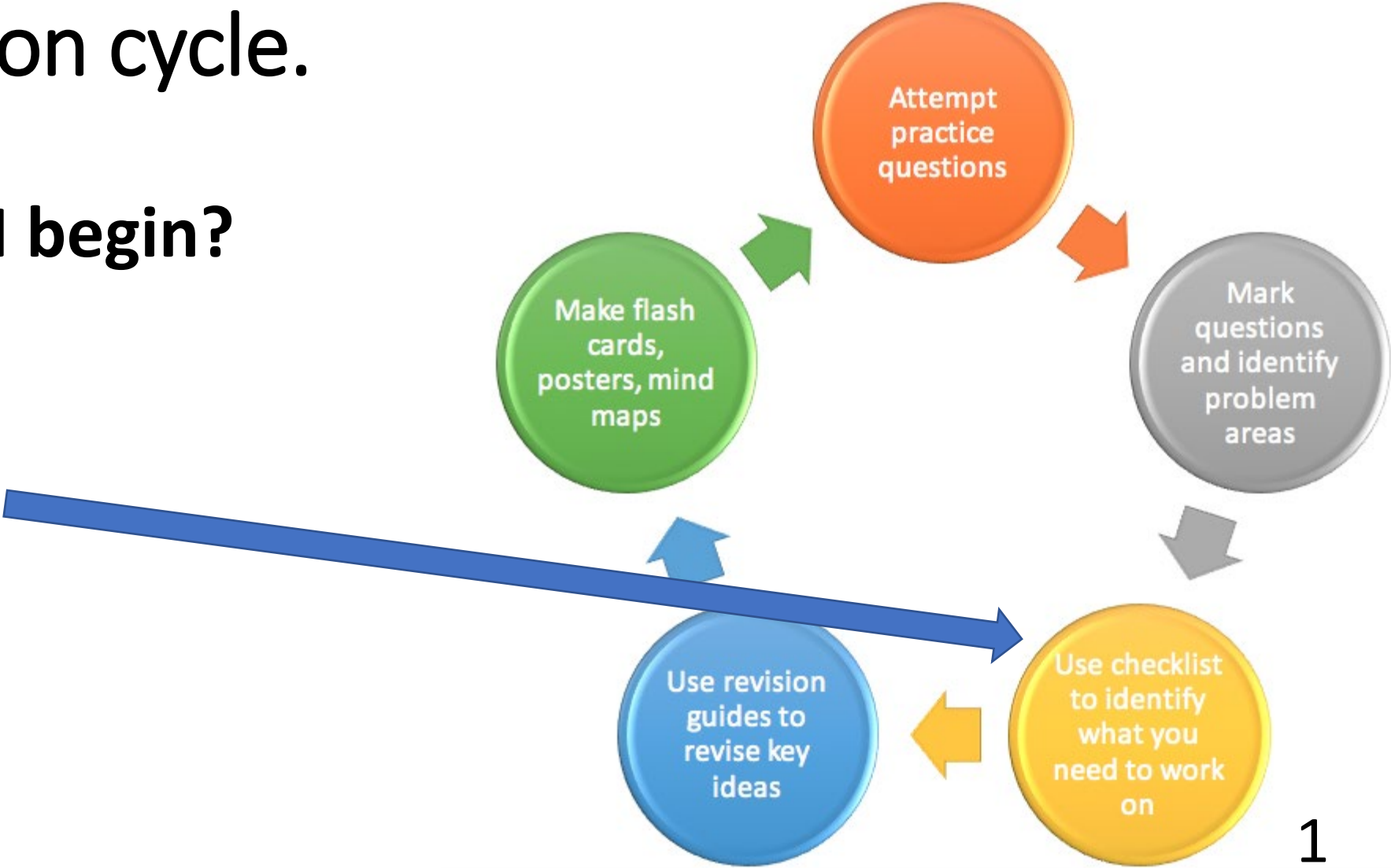
www.LearnThat.org, a LearnThat Foundation project





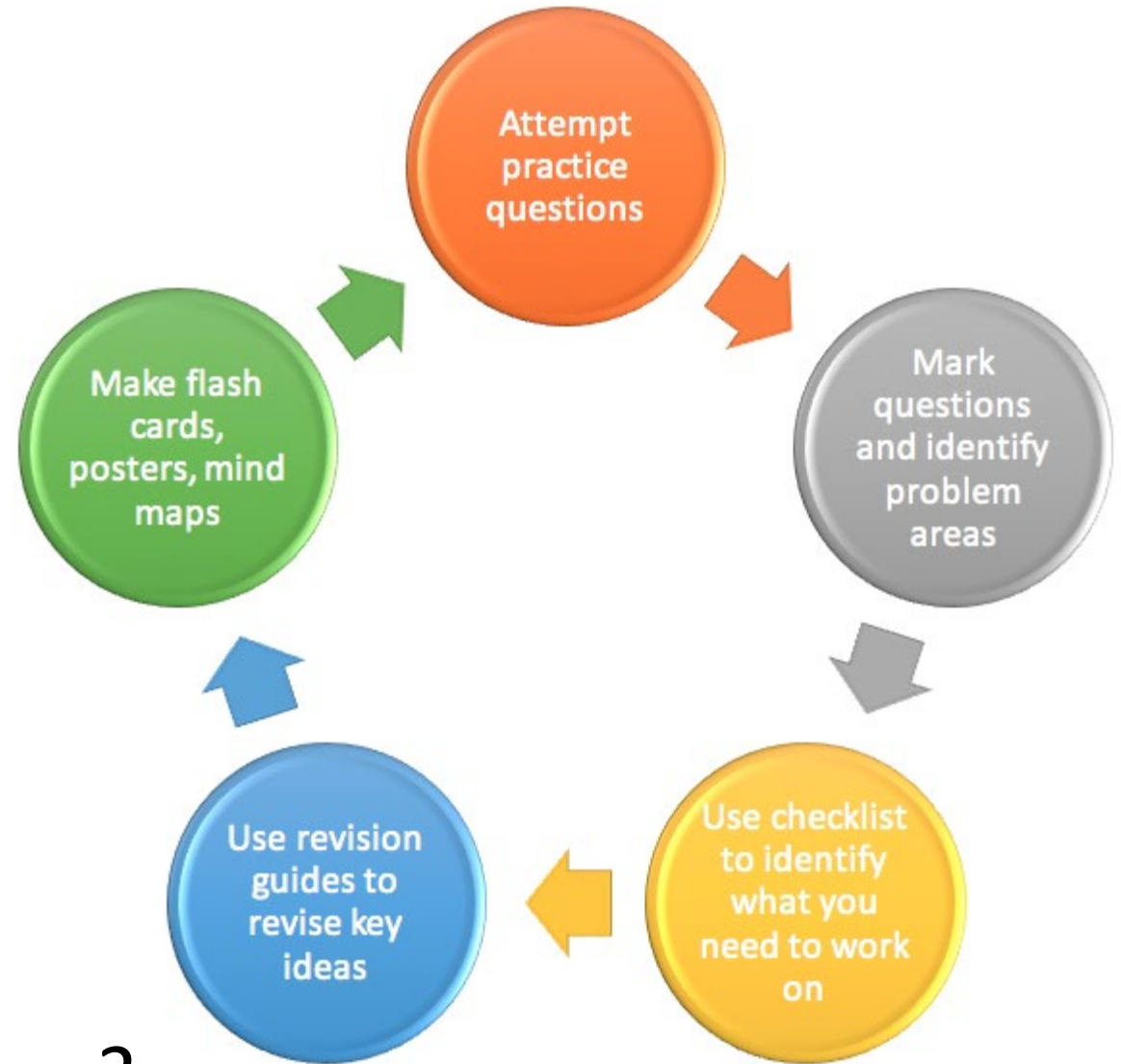
# The revision cycle.

Where do I begin?



# The revision cycle.

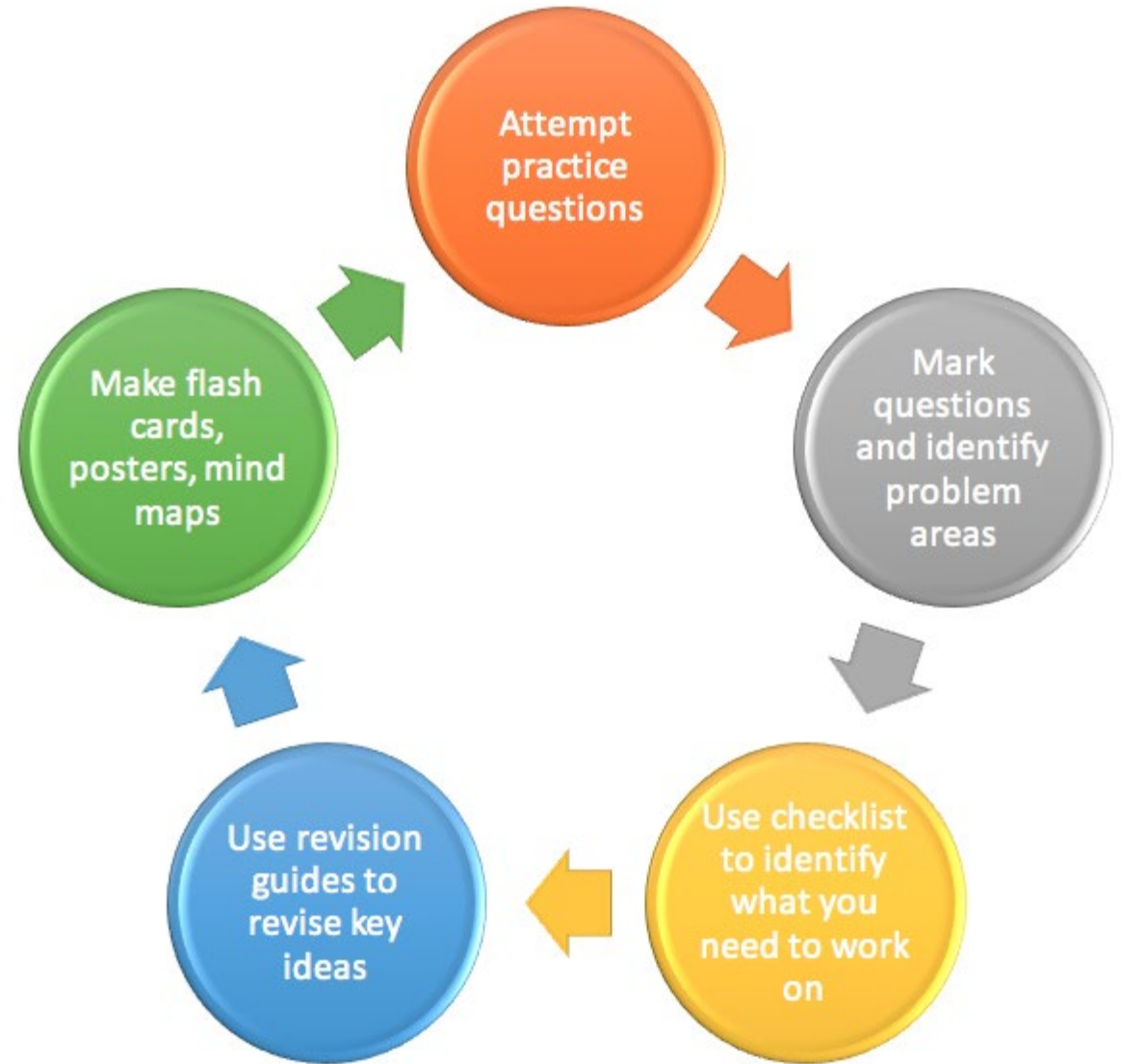
**Where do I begin?**



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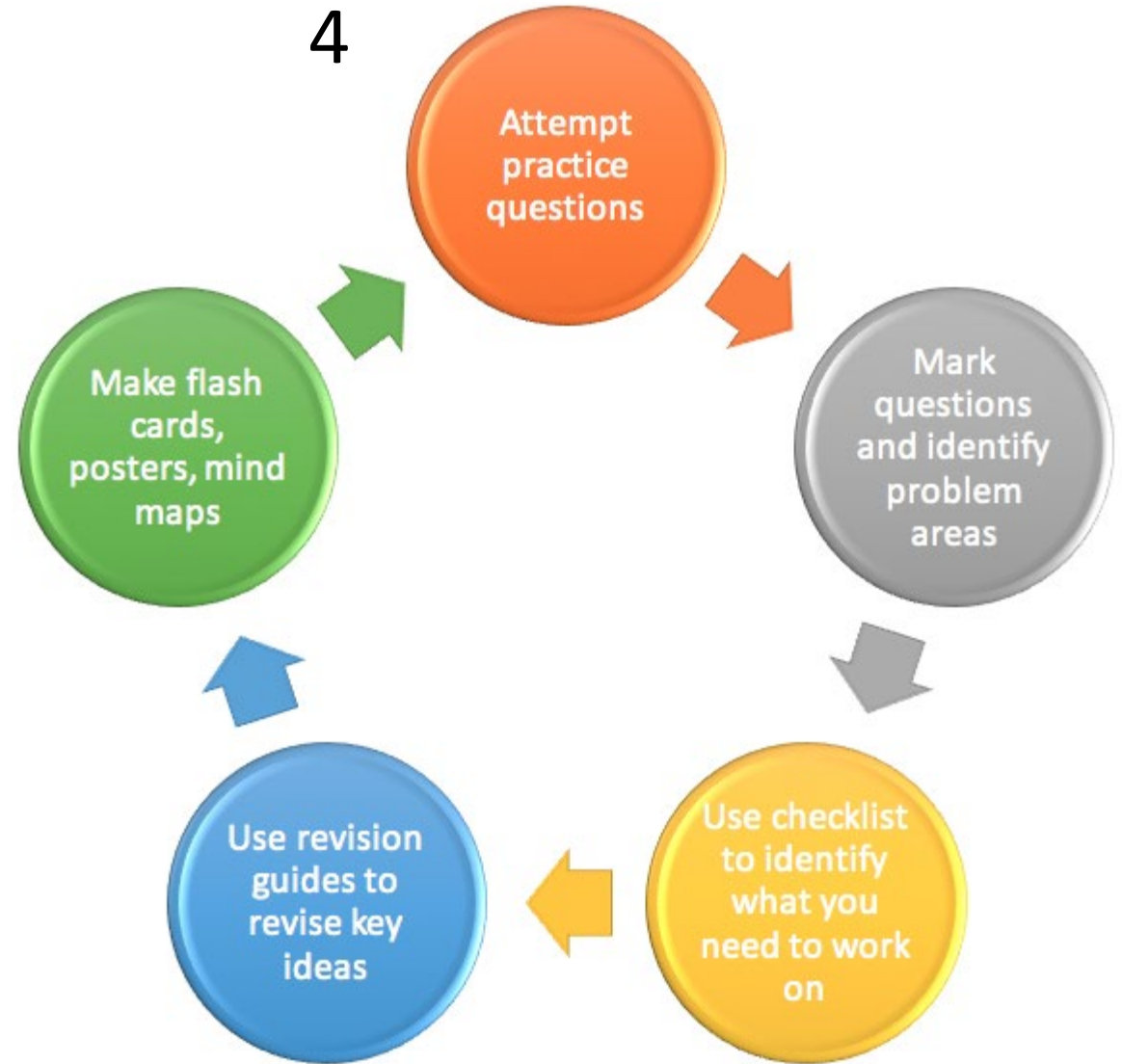
**Where do I begin?**

3



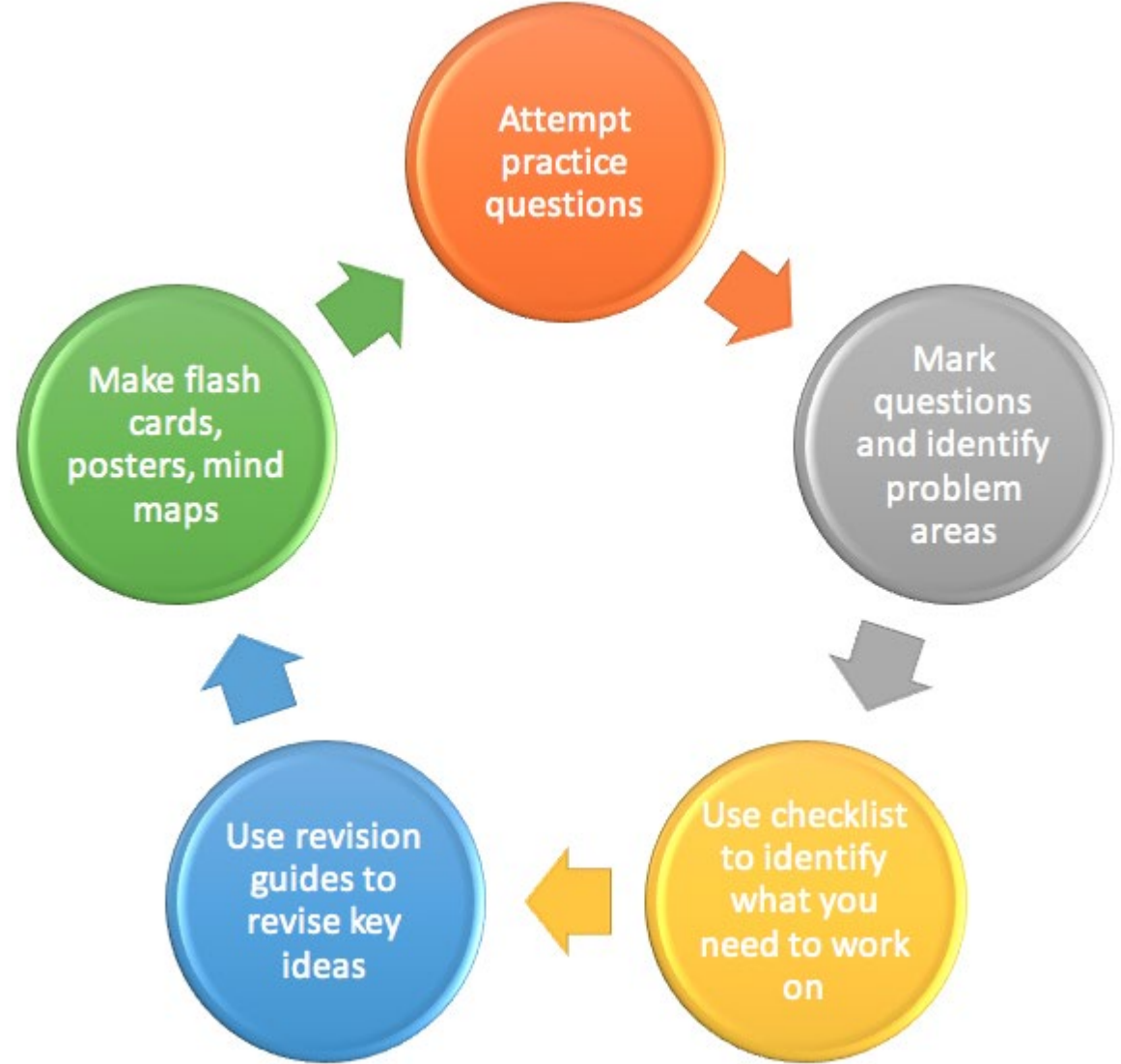
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**Where do I begin?**

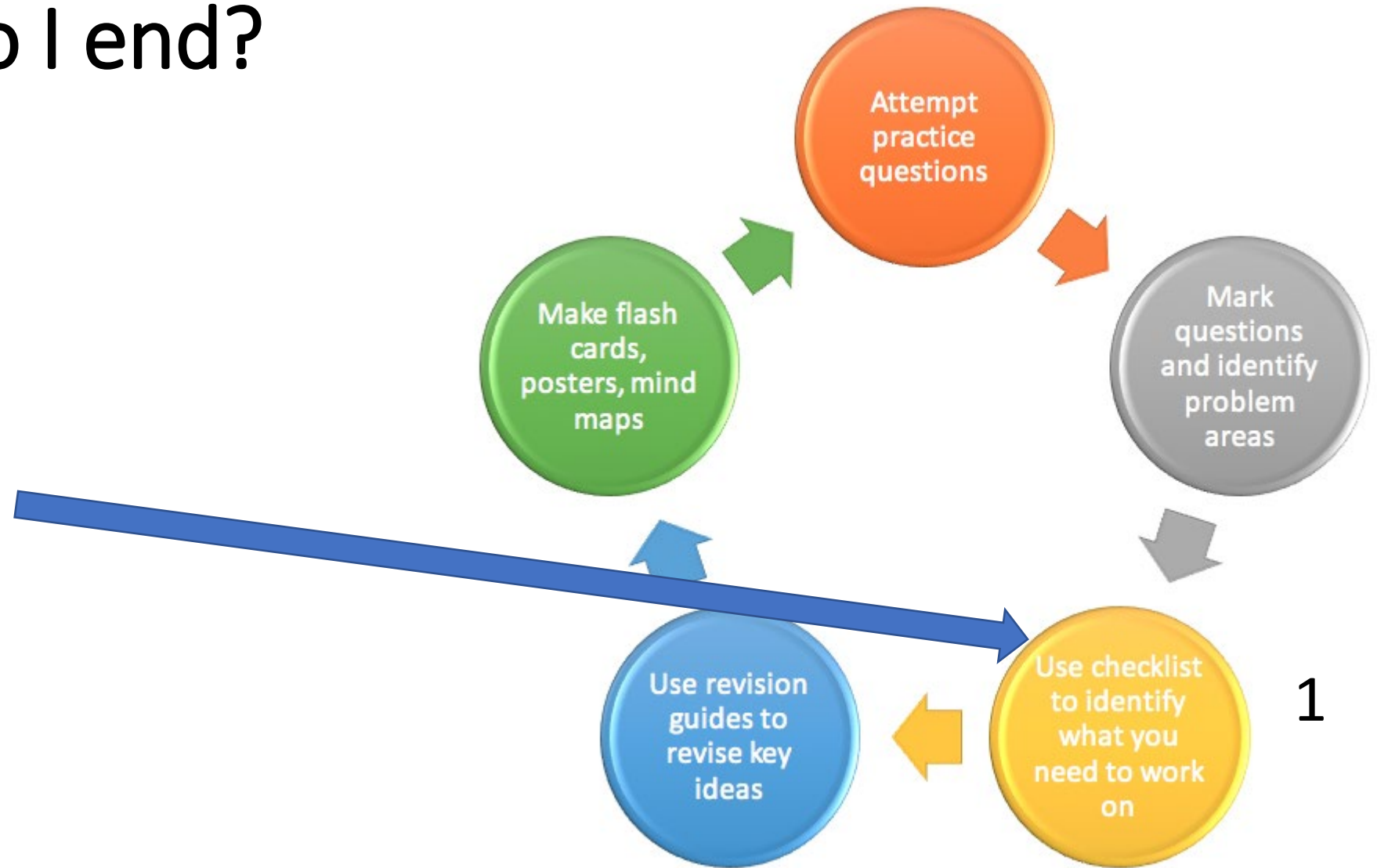


# The revision cycle.

**Where do I begin?**



# Where do I end?



# This evening.....

- You will have received a group card on arrival. This tells you which subject and room to visit and in what order.
- Everyone will be visiting all of the following core subjects;
  - Science L3/L10
  - RE
  - English G6/G7
  - Maths F7/F8
- Staff will demonstrate how revision works best in their subject and give you an opportunity to try this out.
- The strategies you see will also work for other subjects E.g Geography, History
- To further support you there is a QR code available with all of the information on and a “How to revise at DLS” guide for the subjects visited.