

	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6				
Y7	Transition and safety Transition to secondary school and personal safety in and outside school, including first aid and the use of defibrillators.	Developing skills and Aspirations Careers, teamwork and enterprise skills, and raising Aspirations.	Diversity Diversity, prejudice, and bullying.	Building relationships Self-worth, romance and friendships and relationship boundaries and an understanding of what is meant by sexual harassment.	Financial decision making Saving, borrowing, budgeting and making financial choices.	Health and puberty Healthy routines including dental routines, influences on health, puberty, unwanted contact, and FGM.				
				Democracy Development of the political system and the nature of rules and the law.		British Values Liberties and public injustice.				
Y8	Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use.	Community and careers Equality of opportunity in careers and life choices, and different types and patterns of work.	Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia.	Identity and relationships Gender identity, sexual orientation, consent, 'sexting', sexual harassment and an introduction to contraception.	Digital literacy Online safety, digital literacy, media reliability, and gambling hooks.	Emotional wellbeing Mental health and emotional wellbeing, including body image and coping strategies.				
	British Values The justice system - operations of courts and tribunals.					British Values The roles of citizens, parliament and the monarchy.				
Y9	Peer influence, substance use and gangs Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation.	Addressing extremism and radicalisation Communities, belonging and challenging extremism.	Setting goals Learning strengths, career options and goal setting as part of the GCSE options process.	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes.	Intimate relationships Relationships and sex education including consent, sexual harassment, contraception, the risks of STIs, and attitudes to pornography.	Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices, and first aid.				
		British Values Human rights and international law.				The law The legal system in the UK and how society deal with complex problems.	Citizenship Different ways a citizen can contribute to the improvement of their community.			
Y10	Exploring influence The influence and impact of drugs, gangs, role models and the media.	Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices.	Families Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships.	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media, sexual harassment, pornography and rape.	Computing Skills The Inspiring Digital Enterprise Award, (iDEA).	Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change.				
					Democracy Parliamentary democracy and different electoral systems.	Democracy Other systems and forms of government.				
Y11	Next steps Application processes, and skills for further education, employment and career progression.	Building for the future Self-efficacy, stress management, and future opportunities.	Independence Responsible health choices, and safety in independent contexts including a refresh on first aid and defibrillation.	Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse and sexual harassment.	Employability skills Employability and online presence.	<table border="1"> <tr> <td>Health and Wellbeing</td> </tr> <tr> <td>Relationships</td> </tr> <tr> <td>Living in the wider world</td> </tr> <tr> <td>Citizenship</td> </tr> </table>	Health and Wellbeing	Relationships	Living in the wider world	Citizenship
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