

## Sports Studies Year 10

Term 1	Term 2	Term 3
<p>Students follow a general KS4 PE course and assessment to determine their qualification route.</p>	<p><b>R186 Sport and the Media</b></p> <p>Explain how rapid development in technology is enabling sport to be viewed</p> <p>Understand the nature of the relationship between media and sport.</p>	<p><b>R185 Performance and leadership in sports activities</b></p> <p>Topic Area 1: Key components of performance</p> <p>Topic Area 2: Applying practice methods to support improvement in a sporting activity</p> <p>Topic Area 3: Organising and planning a sports activity session</p>
<p><b>R186 Sport and the Media</b></p> <p>Look at the different sides of media sources</p> <p>Topic Area 1: The different sources of media that cover sport</p>	<p><b>R186 Sport and the Media</b></p> <p>Topic Area 2: Positive effects of the media in sport</p> <p>Topic Area 3: Negative effects of the media in sport</p>	<p><b>R185 Performance and leadership in sports activities</b></p> <p>Topic Area 4: Leading a sports activity session</p> <p>Topic Area 5: Reviewing your own performance in planning and leading of a sports activity session</p>

<b>Assessment</b>		
<p>Internal assessment</p> <p>Controlled assessment 1: 12 marks</p> <p>Practical assessment: 2 out of 5</p>	<p>Internal assessment</p> <p>Controlled assessment 2: 16 marks</p> <p>Controlled assessment 3: 12 marks</p> <p>Practical assessment: 2 out of 5</p>	<p>Internal assessment</p> <p>Practical assessment: 2 out of 5</p>

## Sports Studies Year 11 2022-23

Term 1	Term 2	Term 3
<p><b>R053</b></p> <p>Learning Outcome 1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership</p> <p>Learning Outcome 2: Be able to plan sports activity sessions</p>	<p><b>R051</b></p> <p>Learning Outcome 1: Understand the issues which affect participation in sport</p> <p>Learning Outcome 2: Know about the role of sport in promoting values</p>	<p><b>R051</b></p> <p>Learning Outcome 3: Understand the importance of hosting major sporting events</p> <p>Learning Outcome 4: Know about the role of national governing bodies in sport</p>
<p><b>R053</b></p> <p>Learning Outcome 3: Be able to deliver sports activity session</p> <p>Learning Outcome 4: Be able to evaluate own performance in delivering a sports activity session</p>	<p><b>R051</b></p> <p>Learning Outcome 2: Know about the role of sport in promoting values</p> <p>Learning Outcome 3: Understand the importance of hosting major sporting events</p>	

<b>Assessment</b>		
<p>Controlled assessment</p> <p>Practical assessment: R052 Learning Outcome 1: Be able to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in a sporting activity</p>	<p>Mock assessment</p> <p>Practical assessment: R052 Learning Outcome 3: Be able to officiate in a sporting activity</p> <p>R052 Learning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity</p>	<p>Exam</p>

## Sports Studies Year 11 2023-24

Term 1	Term 2	Term 3
<p><b>R185</b></p> <p>First 2 weeks recap topics 1-5</p> <p>Start controlled assessment</p> <p>Topic Area 1: Key components of performance</p> <p>Topic Area 2: Applying practice methods to support improvement in a sporting activity</p> <p>Topic Area 3: Organising and planning a sports activity session</p> <p>Topic Area 4: Leading a sports activity session</p> <p>Topic Area 5: Reviewing your own performance in planning and leading of a sports activity session</p>	<p><b>R184 Contemporary issues in sport</b></p>	<p><b>R184 Contemporary issues in sport</b></p>
<p><b>R185 Performance and leadership in sports activities</b></p> <p>Topic Area 1: Key components of performance</p> <p>Topic Area 2: Applying practice methods to support improvement in a sporting activity</p> <p>Topic Area 3: Organising and planning a sports activity session</p> <p>Topic Area 4: Leading a sports activity session</p> <p>Topic Area 5: Reviewing your own performance in planning and leading of a sports activity session</p>	<p><b>R184 Contemporary issues in sport</b></p>	

<b>Assessment</b>		
Controlled assessment	Mock assessment	Actual assessment