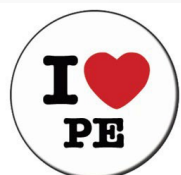


# DLS Physical Education Cambridge Nationals Learning Journey.



"Thriving and Striving in PE"

"Leading a Healthy and Active lifestyle"



**Post 16 Destination**

★ ★ ★ ★ ★

GCSE Results Day: Receive a Pass, Merit or Distinction grade

Attend Y11 Prom

R184: Terminal exam

R184: Practice papers and W&T exams

## YEAR 11



2<sup>nd</sup> Learning Conversation with staff

R185: Leadership begins

R184: Exam therapy

Practical Internal Moderation

Revision

Make revision cards & mind maps

R184: Contemporary issues begin

R184: Mock Exam

R185: Finish

R186: Media in sport: Complete initial controlled assessment

R185: Performance and leadership- 2 Practical sports begin

Begin R185 Performance coursework

Complete R186 Media in sport coursework: OCR

Careers: Look into potential careers/FE that Sport Studies can assist

R186: Media in sport- Begin initial investigations

Start your OCR Cambridge Nationals

**R184: Contemporary issues in sport- EXAM (40%)**

**R185: Performance and Leadership in sport PRACTICAL (40%)**

**R186: Sport and the Media- COURSEWORK (20%)**

University

Apprenticeship

College

Workplace

Community Living

**KS3 Y9 Developing and Mastering Learners. 3 Term Carousel in a wide variety of sports**  
You will select and combine skills and know about strategies, tactics and composition and analyse and comment on your own and others work and know about health and fitness and how regular physical activity can benefit your health. Plan and lead practices and take on different leadership roles

## YEAR 9

**3 Term Carousel in a wide variety of sports**  
Football, Rugby, Basketball, Handball, Trampoline, Fitness, Netball, Dance, Net games, Hockey, Athletics, striking games- Dedicated time for GCSE and Vocational study

Take part in my 2<sup>nd</sup> Sports Day

House comps!

Sign up for the Duke of Edinburgh award

Participate in more new sports clubs/teams.

Attend Options Evening for GCSEs

Careers

Make your informed GCSE option choices

Take part in my 3<sup>rd</sup> Sports Day

**KS3 Y8 Developing Learners. 3 Term Carousel in a wide variety of sports**  
You will select and combine skills and know about strategies, tactics and composition and analyse and comment on your own and others work and know about health and fitness and how regular physical activity can benefit your health. Plan and lead practices and take on different leadership roles

**3 Term Carousel in a wide variety of sports**  
Football, Rugby, Basketball, Handball, Trampoline, Fitness, Netball, Dance, Net games, Hockey, OAA, Athletics, Striking games

## YEAR 8

**KS3 Y7 Emerging Learners. 3 Term Carousel in a wide variety of sports**  
You will select and combine skills and know about strategies, tactics and composition and analyse and comment on your own and others work and know about health and fitness and how regular physical activity can benefit your health.

Initial baseline assessment

Introduction to Physical Education

Get involved in extra-curricular house comps!

Develop the idea of teamwork & fair play

1<sup>st</sup> Sports Day

1<sup>st</sup> Report

Get my first DLS PE Kit

3 Term Carousel in a wide variety of sports  
Football, Rugby, Basketball, Handball, Trampoline, Fitness, Netball, Dance, Net games, Hockey, OAA, Athletics, Striking Games

Careers

Start the LASSALIAN LEARNER Programme

## YEAR 7

Sit SATS in Y6

**KS2**

Develop multi-skills, gymnastics, simple fitness-based activities, gymnastics

Year 6 prom

Attend Transition week

Transition Programme with DLS PE days.

START

WELCOME

PRIMARY SCHOOL

CURRICULUM OVERVIEW