

	Monday 5 <sup>th</sup> April	Tuesday 6 <sup>th</sup> April	Wednesday 7 <sup>th</sup> April	Thursday 8 <sup>th</sup> April	Friday 9 <sup>th</sup> April
	Bank Holiday	9.30am - 11.30am Introductions to Wellbeing Les Roberts Emotional Health & Well-Being Virtual (see link on page 7)	9.30am - 11.30am  How to manage negative emotions  Les Roberts Emotional Health & Well-Being  Virtual (see link on page 7)	9.30am - 11.30am Stress and Anxieties session Les Roberts Emotional Health & Well-Being Virtual (see link on page 7)	9.30am - 11.30am Emotional Freedom Techniques Les Roberts Emotional Health & Well-Being Virtual (see link on page 7)
AM		10.00am - 12.00pm Digital Animation (10 - 13 yrs. Only) Mako Create Virtual (link on page 7)	10.00am - 12.00pm Photo Editing (10 - 13 yrs. Only) Mako Create Virtual (link on page 7)	10.00am - 12.00pm Video Game Design (10 - 13 yrs. Only) Mako Create Virtual (link on page 7)	10.00am - 12.00pm Digital Music Making (10 - 13 yrs. Only) Mako Create Virtual (link on page 7)
		10.00am - 2.00pm Saints Foundation Multi Skills Holiday Camp including lunch (6 - 11 yrs. only) Sutton Manor Primary School	10.00am - 12.00pm Cabbage Hall Allotments Hard Lane, St Helens, WA10 6NY	10.00am - 2.00pm Saints Foundation (6 - 11 yrs. only) Multi Skills Holiday Camp including lunch Sutton Manor Primary	10.00am - 12.00pm Cabbage Hall Allotments Hard Lane, St Helens, WA10 6NY



	Monday 5 <sup>th</sup> April	Tuesday 6 <sup>th</sup> April	Wednesday 7 <sup>th</sup> April	Thursday 8 <sup>th</sup> April	Friday 9 <sup>th</sup> April
	Bank Holiday	10.00am - 2.00pm  Youth Service (11-18yrs. only) Water sports, Orienteering, Mountain biking, Problem solving, Bush craft Taylor Park	10.00am - 2.00pm Youth Service (11-18yrs. only) Water sports, Orienteering, Mountain biking, Problem solving, Bush craft Taylor Park	10.00am - 2.00pm Youth Service (11-18yrs. only) Water sports, Orienteering, Mountain biking, Problem solving, Bush craft Taylor Park	10.00am - 2.00pm Saints Foundation (6 - 11 yrs. only) Multi Skills Holiday Camp including lunch Sutton Manor Primary
AM		10.00am - 12.00pm Spring Arts & Crafts (with breakfast provided) Via Teams link	10.00am - 12.00pm Cabbage Hall Allotments Hard Lane, St Helens, WA10 6NY	10.00am - 12.00pm Spring Arts & Crafts (with breakfast provided) Via Teams link	10.00am - 12.00pm Cabbage Hall Allotments Hard Lane, St Helens, WA10 6NY
		11.00am - 12.00pm  Positive Life Workshops  Zoom Games  Virtual (see link on page 7)	10.00am - 2.00pm Saints Foundation Multi Skills Holiday Camp including lunch (6 - 11 yrs. only) Sutton Manor Primary	11.00am - 12.00pm Positive Life Workshops Zoom Games Virtual (see link on page 7)	10.00am - 2.00pm Youth Service (11- 18yrs. only) Water sports, Orienteering, Mountain biking, Problem solving, Bush craft. Taylor Park



	Monday 5 <sup>th</sup> April	Tuesday 6 <sup>th</sup> April	Wednesday 7 <sup>th</sup> April	Thursday 8 <sup>th</sup> April	Friday 9 <sup>th</sup> April
	Bank Holiday	11.00am - 1.00pm Inspire to Aspire Craft club, outdoor play, lunch, disco, sensory crafts & entertainer Virtual (see link on page 7)	10.00am - 12.00pm Spring Arts & Crafts (with breakfast provided) Via Teams link	11.00am - 1.00pm Inspire to Aspire Craft Club, outdoor play, lunch, sensory crafts & entertainer Virtual (see link on page 7)	10.00am - 12.00pm Spring Arts & Crafts (with breakfast provided) Via Teams link
AM			11.00am - 12.00pm (Primary Children) Positive Life Workshops. Zoom Games Virtual (see link on page 7)		11.00am - 12.00pm (Primary Children) Positive Life Workshops Youth Voices Matter! Podcast Virtual (see link on page 7)
			11.00am - 1.00pm Inspire to Aspire Craft club, outdoor play, lunch, disco, sensory crafts & entertainer Virtual (see link on page 7)		



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	Bank Holiday	12.00pm - 2.00pm Children's Centre Crafty Cooks (5 - 11 yrs. only, with lunch provided) Via Microsoft Teams link	12.00pm - 2.00pm Children's Centre Crafty Cooks (5 - 11 yrs. only, with lunch provided) Via Microsoft Teams link	12.00pm - 2.00pm Children's Centre Crafty Cooks (5 - 11 yrs. only, with lunch provided) Via Microsoft Teams link	1.30pm - 2.30pm Positive Life Workshops UnHurry - relaxation session Virtual (see link on page 7)
PM		1.00pm - 2.00pm Children's Centre Spring Arts & Crafts Via Microsoft Teams link	1.00pm - 2.00pm Children's Centre Spring Arts & Crafts Via Microsoft Teams link	1.00pm - 2.00pm Children's Centre Spring Arts & Crafts Via Microsoft Teams link	6.00pm - 7.00pm Positive Life Workshops Family Zoom Party Virtual (see link on page 7)
		1.00pm - 2.00pm  HACK CIC (15yrs+ only)  How to be a YouTuber (part 1)  Virtual (see link on page 7)	1.00pm - 2.00pm  HACK CIC (15yrs+ only)  How to be a YouTuber (part 2)  Virtual (see link on page 7)	1.00pm - 2.00pm  HACK CIC (15yrs+ only)  How to be a YouTuber (part 3)  Virtual (see link on page 7)	
		1.30pm - 3.30pm Les Roberts Hypnotherapy Introductions to Wellbeing Virtual (see link on page 7)		1.30pm - 3.30pm Les Roberts Hypnotherapy Stress and Anxieties session Virtual (see link on page 7)	



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	Bank Holiday	1.30pm - 2.30pm Positive Life Workshops (11 yrs.+) Youth Voice Matters! Podcast Virtual (see link on page 7)	1.30pm - 3.30pm Positive Life Workshops How to manage negative emotions Virtual (see link on page 7)	2.00pm - 3.00pm Origami/paper folding (5-11 yrs. only) Children's Centre Via Microsoft Teams link	2.00pm - 3.00pm HACK CIC Hip Hop arts workshop Virtual (see link on page 7)
PM		2.00pm - 3.00pm Children's Centre Origami/paper folding (5-11 yrs. only) Via Microsoft Teams link	2.00pm - 3.00pm Origami/paper folding (5-11 yrs. only) Children's Centre Via Microsoft Teams link	1.30pm - 2.30pm Positive Life Workshops Stress & Anxieties (Primary Children) Virtual (see link on page 7)	1.30pm - 3.30pm Les Roberts Hypnotherapy Emotional Freedom Techniques Virtual (see link on page 7)
			1.30pm - 2.30pm Positive Life Workshops (All Ages) Family quiz Virtual (see link on page 7)	3.00 - 4.00pm HACK CIC How to make a hanging planter Virtual (see link on page 7)	2.00pm - 3.00pm Origami/paper folding (5-11 yrs. only) Children's Centre Via Microsoft Teams link



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PM	Bank Holiday			6.00pm - 7.00pm Positive Life Workshops (17yrs+) Mood Booster session Virtual (see link on page 7)	6.00pm - 7.00pm Positive Life Workshops Family Zoom Party Virtual (see link on page 7)



If you have any questions relating to our activities, please email <a href="mailto:HolidayFun@sthelens.gov.uk">HolidayFun@sthelens.gov.uk</a> or call 01744 673445 All events will be held virtually due to Government socially distance guidance

# How to access the virtual sessions/book places

Crafty Cooks - Interactive cooking session for you and your child - Via Eventbrite / Microsoft Teams App

Spring Arts & Crafts – Interactive craft sessions for you and your child - Via Eventbrite / Microsoft Teams App

MAKO Create – developing on-line digital skills and activities

MPH Training - Range of indoor and outdoor sports - Email Parr Sports Centre TBC

Deafness Resource Centre - ICAN@deafnessresourcecentre.org or calling 01744 23887

Positive Life Workshops – Range of on-line activities and podcasts - Email positivelifeworkshops@gmail.com

Fearless Youth - email fearlessyth@sthelensclc.com or calling 07753823593

HACK School – developing YouTube and Instagram techniques TBC

Saints Foundation - Sports sessions with skills coaches - saintseastercamps21@gmail.com

UC Crew - Physical break-dancing skills and DJing TBC

Inspire to Aspire – A variety of Craft activities, Gardening, Sensory crafts sessions

Les Roberts Hypnotherapy – Variety of on-line sessions to support Emotions, Stress and Anxieties - Booking through virtual link

Youth Service – Via booking on system <u>youthservicebookings@sthelens.gov.uk</u> or call 07710848252

Hope Centre - sarahmcd@hopecentre.org.uk Tel: 01744 26414 or 07900207688



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Inspire to Aspire – Call 07725954668

Momo's Café - Emailing momoscoffeeshop@gmail.com

**Chain Lane Community Centre -**

Plan Bee Coffee Shop – Call Plan Bee and ask for 'My Meal'

Children's Centre - Via Microsoft Teams link or call 01744 673445

**Business for Youth – Call Terry Maguire on 01925 225678** 

Cabbage Hall Allotments – Call 07940955223

Children's Centre – Email: Holidayfun@sthelens.gov.uk or call 01744 673445